

*FACULTY & STAFF  
ASSISTANCE PROGRAM*



Professional Resources

Samuel A. Vickery, Ph.D

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# *What is an FSAP?*



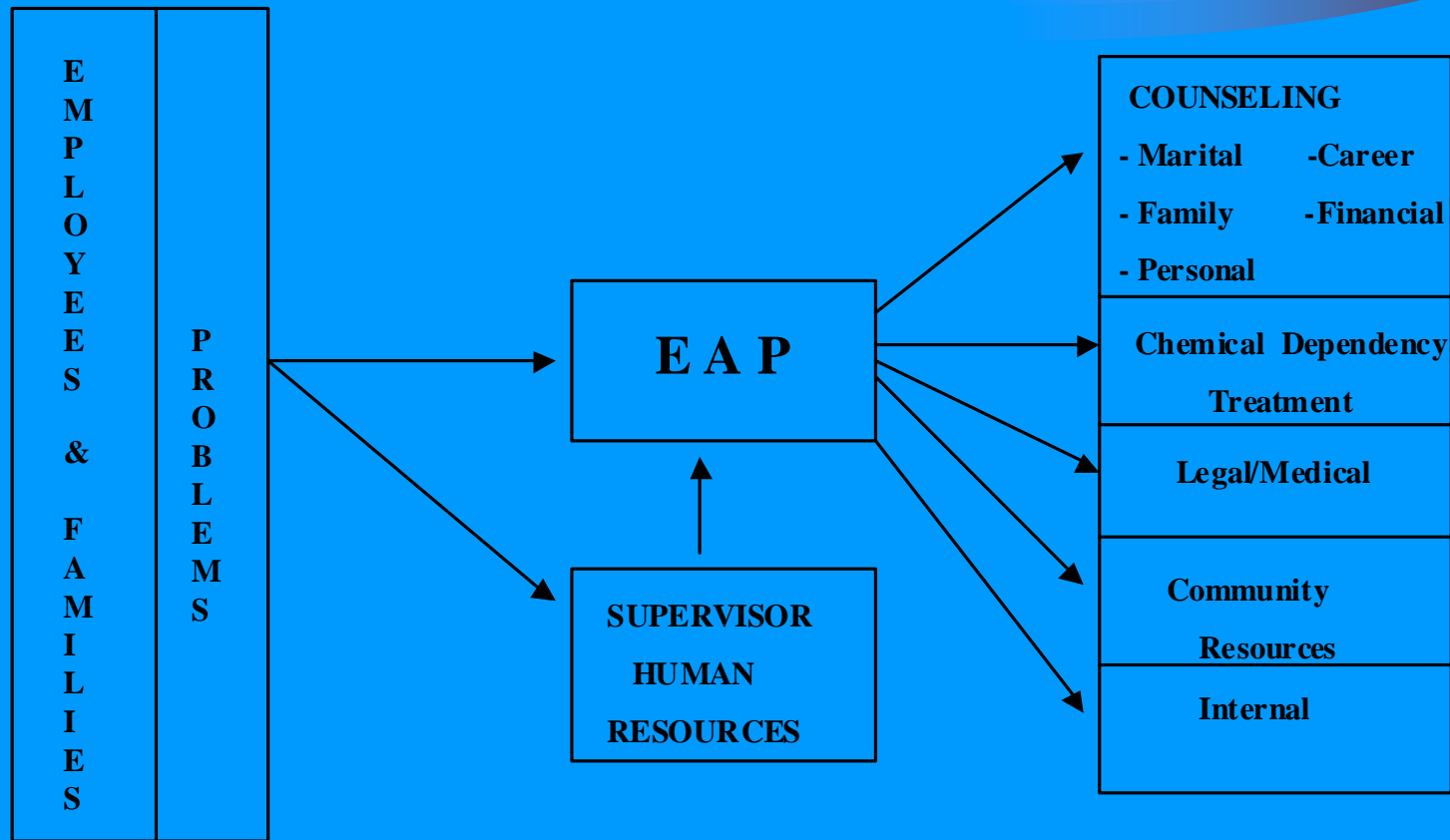
A **POSITIVE** method of helping to solve performance problems and to help people help themselves

# *Purpose of an FSAP*



- Assist faculty, staff and families
- Resource for Supervisors
- Manage benefit costs

# *Employee Assistance Program FLOWCHART*



# *What are the stresses people face?*

## Primary Problems of EAP Clients

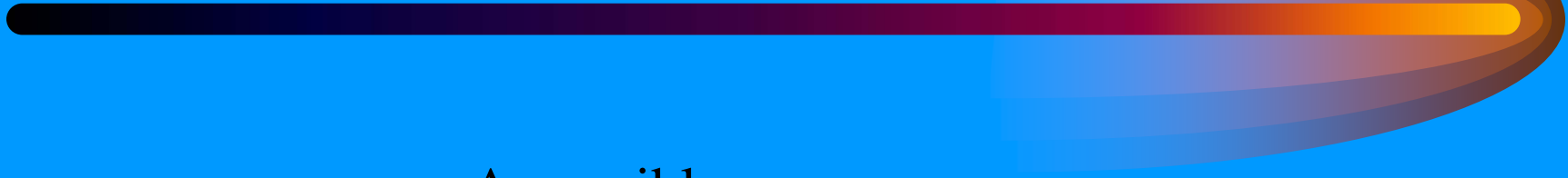
Marital/Divorce	21%
Family	12
Individual	11
Legal	11
Self	11
Parent-Child	10
Financial	7
Career	4
Other	4
Family Violence	3
Medical or Psychiatric	3
Work Environment	<u>3</u>
TOTAL	100%

# *Services*



- Assessment & Referral
- Brief Counseling
- Supervisory Consultation
- Supervisory Training
- Wellness Seminars
- Consultation for on-the-job interpersonal problems
- Critical Incident Stress Debriefing

# *YOUR EAP:*



- Accessible
- Competent
- Know Resources
- No initial cost
- Private
- Trustworthy

## *Office Locations:*



- Riverside
- Redlands
- Hemet
- Claremont
- West Covina
- Rancho Mirage



*Faculty & Staff Assistance  
Program*



(951) 781-0510

or

(800) 266-0510